



St Francis of Assisi Catholic Primary School

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Dear Parents/Carers,

This term in EPR, Year 1 will be focusing on 'Drugs Education'. This topic will include:

- how diseases are spread
- rules that keep us safe
- simple choices that can improve our health
- how medicines can be harmful if not used properly

To further your child's learning, you may like to discuss these issues with your child using the following question prompts:

- How do we get germs?
- When should we take medicine?

The following websites may also help you talk about these issues with your child:

- Why do we take medicine?: <http://www.bbc.co.uk/education/clips/zrfnvcw>
- How do we get germs?: <https://www.bbc.co.uk/bitesize/clips/zq4ygk7>

If you would like more information, please do not hesitate to speak to your child's class teacher.

Miss. Crick
EPR/RSE Subject Leader