



## St Francis of Assisi Catholic Primary School

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Dear parents/carers,

This term in EPR, Year 3 will be focusing on 'healthy lives, safety and stranger danger.' This topic will include;

- How to make informed choices
- Finding out what happens to our bodies when we rest
- Knowing the difference between risk, danger and hazard
- Being aware of strangers and dangers in our environment

To further your child's learning, you may like to discuss these issues with your child using the following question prompts:

- Why is it important to stay safe?
- How can we be safe at home?
- What is a balanced diet?

The following websites may also help you talk about these issues with your child:

<http://www.bbcgoodfood.com/howto/guide/healthy-eating-what-young-children-need>

[http://www.safety4kids.com.au/safety-zone\\_stranger-danger](http://www.safety4kids.com.au/safety-zone_stranger-danger)

If you would like any further information please do not hesitate to speak to your child's class teacher.

Mrs. Campanaro