



St Francis of Assisi Catholic Primary School

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Dear Parents/Carers,

This term in EPR, Year 1 will be focusing on Sex and Relationships Education. This topic will include:

- the importance of personal hygiene
- how to maintain personal hygiene
- the names for the main parts of the body
- knowing that humans move, eat grow and reproduce
- knowing about rituals that mark and celebrate birth and belonging to a community
- being aware of the process of growing from young to old and the changing needs that brings
- recognising that babies have special needs
- knowing that there are different types of families
- knowing that secure loving relationships within the family are important

To further your child's learning you may like to discuss these issues with your child using the following question prompts:

- How are boys and girls the same/different?
- Who is in our family?
- What makes a family?
- How do our needs change as we get older?

Please be assured that any difficult issues will always be dealt with using the utmost sensitivity in line with the teaching of the Catholic Church. If you would like more information, please do not hesitate to speak to your child's class teacher.

Miss Crick

EPR/RSE Subject Lead

