



St Francis of Assisi Catholic Primary School

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Dear Parent,

We are pleased to announce an addition to our School programme. This programme is called RAINBOWS.

When something significant happens in a family, the entire family is affected. Even though death, divorce or other issues appear to be grown-up problems, they have a profound effect on the children who are touched by such experiences. If a parent dies or a divorce happens or a painful loss occurs, not only do the parents grieve, the children do also. Children may find it extremely difficult to verbalise their feelings of grief because of their age and inexperience.

If your child is part of a single parent family, a step-family, has experienced the death of a loved family member, friend or sibling, or is struggling through a painful experience, this will be an opportunity for him / her to share with a special someone on the outside what is happening on the inside.

Please read the attached information about RAINBOWS. Through this support group, we hope to assist the children in expressing and understanding his / her feelings, to feel acceptance for what has happened, and to feel a sense of belonging and love. We will accomplish this through peer support groups with adult facilitators to guide them as they begin to share their experiences.

Please do not hesitate to contact me via the school office if you require any additional help or information.

Yours sincerely,

Mrs H Alfieri
Rainbows Co-Ordinator

