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Dear parents/carers,

This term in EPR, Year 6 will be focusing on 'Drugs Education'. This topic will include:

- techniques to resist pressure from friends and others with regard to tobacco, alcohol and drugs
- learn which commonly available substances and drugs are legal and illegal, their effects and risks

To further your child's learning, you may like to discuss these issues with your child using the following question prompts:

- What can happen to your body if you take an illegal substance?
- Why do people take drugs?
- Why might other people want you to take drugs?

The following websites may also help you talk about these issues with your child:

- <http://www.cyh.com/HealthTopics/HealthTopicDetailsKids.aspx?p=335&np=289&id=1507>
- <http://www.bbc.co.uk/education/topics/z4nnb9q>
- <http://www.thegrid.org.uk/learning/pshe/drugs/materials/> (drugs booklet pdf)
- <https://lookoutzone.co.uk/default.aspx>

If you would like more information please do not hesitate to speak to your child's class teacher.

Miss Chester
EPR Subject Leader