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January 2019

Dear parents/carers,

This term in EPR, Year 1 will be focusing on 'Drugs Education'. This topic will include:

- how diseases are spread
- rules that keep us safe
- simple choices that can improve our health
- how medicines can be harmful if not used properly

To further your child's learning, you may like to discuss these issues with your child using the following question prompts:

- How do we get germs?
- When should we take medicine?

The following websites may also help you talk about these issues with your child:

- https://www.youtube.com/watch?v=9OK6_OdWxTA
- <http://www.bbc.co.uk/education/clips/zrfnvcw>
- http://www.abpschools.org.uk/page/modules/medicinesks2/medicines3.cfm?coSiteNavigation_allTopic=1

If you would like more information please do not hesitate to speak to your child's class teacher.

Miss Chester
EPR Subject Leader