



St Francis of Assisi School Council

Anti-bullying week newsletter



THANK YOU!

Thank you for voting for us! We are pleased to represent you and we will do our best to help the school. This term, our focus has been anti-bullying week. We hope you will find this newsletter helpful. We have answered some of the questions you asked us on the playground, created a word search so you can learn the key words and there are some pictures of the work you have done this week 😊

Don't Forget...

Next week is safeguarding week. You will get a leaflet sent home to read which contains all the important information you need to know. Mr Hallett will be asking questions about it so make sure you learn it!

School Council Members

- Year 6- Alexa B, Celine L, Meda M
- Year 5- Stephanie R, Agata P
- Year 4- Matt S-D, Alex V
- Year 3- Oliver B, Kieron C, Zuzanna G
- Year 2- Conor S, Aiden L
- Year 1- Maja H, Mason J

Antibullying

w p u d n a t s r v p o m
 f v x g t u y l l v h h b
 l t c e r i d n i o b s p
 h o r e b y c n i i o m d
 j n y p u k a e p s d n d
 n o h i t t i n g z q t j
 p h y s i c a l d l f u h
 h s a f e g u a r d i n g
 l a b r e v e a x w l l h
 y c r l v b q q i z k c j
 l e n o b u l l y i n g m
 e c i n e b s t n i a b s
 i i p d y e d f a y p h c

benice
 nohitting
 verbal
 physical
 cyber
 speakup
 standup
 nobullying
 indirect
 safeguarding

Key questions you asked us

1. What is bullying?
2. How long does bullying go on for?
3. What should I do if a bully is bullying someone?
4. Who can I speak to about bullying?



Our answers for you.

1. Bullying is a repetitive behaviour that is intended to hurt someone physically or emotionally.
2. Bullying isn't a behaviour that happens once. It has to happen again and again.
3. STAND UP & SPEAK OUT-Tell a teacher.
4. You can speak to a teacher, a peer-mediator or any adult. DON'T BE SCARED.

Types of bullying dictionary

Cyber -when someone uses the internet to be mean to you.

In-direct- When someone is telling other people bad things about you.

Verbal-When someone says mean things to you.

Physical-When someone is mean to you by kicking, hitting or punching you.

Emotional- When someone makes you feel bad for being yourself.

IF YOU THINK YOU ARE BEING BULLIED, TELL AN ADULT STRAIGHT AWAY! DON'T KEEP IT A SECRET.



Stephanie

talking to children about bullying and some children working on some role play during this week.

CYBER BULLYING

This is really important. Especially for Years 4,5 and 6. This can be the most mysterious and dangerous one because you don't know who you are talking too and it may be kept forever. You have to be really careful on Facebook, Xbox, Instagram, YouTube, Whatsapp and every time you use the internet to talk to someone. If someone bullies you, tell an adult **STRAIGHT AWAY**. You will not get in trouble, we are here to help. Many's people behaviour is hurting millions of people around the world.

THINK BEFORE YOU TYPE!

Kung-fu workshop.

On Thursday morning, Year 3 and 5 did kung-fu and learnt about all the different types of bullying and how we can defend ourselves from danger. When we defend ourselves from a bully we should put our hands up and shout "BACK OFF".

A poem by Hubert Jamrozek. Typed by Alexa and Celine.

Anbody may need your help.

Love everybody even if they don't treat you right.

Live in peace and treat your neighbours like you treat yourself.

Everybody stop bullying.

Quickly stand up to any bully you see.

Understand kindness and the power of love.

A bully may need help so tell an adult.

Listen if a friend wants to talk to you.

